

## TAJNA VODE

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Sažetak:

**Cilj rada:** Osnovni cilj je pojasniti što većem broju ljudi kako da uz pomoć pozitivnih misli i lepih reči i emocija promenu strukturu vode, koja će učiniti da ostanu psihički i fizički zdravi i stabilni ili izleče svoje tegobe, najprirodnijim putem.

**Metode rada:** Metodologija koja sledi je nastala na osnovu izučavanja stručnih literatura kompetentnih ljudi i ličnim testom njihovih tvrdnji i zaključaka, kako bi se ljudima približili prirodni putevi lečenja i prevencije.

**Rezultati:** Rezultati istraživanja dokazuju da zdravim mislima, rečima i emocijama prema vodi, možemo promeniti strukturu vode. Najsuptilniji oblik energije je misao, čitav univerzum je projekcija naših misli. Saznanje o tome je već pola puta do zdravog života. Izmenom strukture vode, u sebe unosimo pozitivnu energiju i čuvamo svoje zdravlje, naša frekvencija na kojoj organizam radi je na pravom nivou i organizam besprekorno funkcioniše, o čemu govore brojne studije.

**Zaključak:** Zdrave i pozitivne misli prave harmoniju u organizmu i čuvaju mentalno zdravlje i čuvaju nas od raznih poremećaja. Ljudski organizam sastoji se od 70 odsto vode, zato je adekvatan unos ove tečnosti preko potreban za njegovo normalno funkcionisanje. Oko 80 odsto mozga čini voda. Ona učestvuje u prenošenju nervnih impulsa, pa je tako veoma važna za normalno funkcionisanje mozga. Bez hrane čovek može da prezivi i nekoliko nedelja, a bez vode svega nekoliko dana.

**Ključne reči:** zdrave misli, pozitivna energija, zdrava voda, pozitivne vibracije, prevencija

Rad:

“Zdravlje na usta ulazi.” -svi smo čuli ovu frazu, koju je većina doslovno shvatila. Ako je prevedemo bukvalno, to znači da ako jedemo zdravu hranu, voće, povrće, žitarice bićemo zdravi. To baš i nije tako. Sigurno ste čuli i za to da “ženu dok kuva, ne smete nervirati.” Možete da jedete najzdraviju hranu i da ona ipak nema taj kvalitet. O čemu se zaista radi? Vibracije koje prenosimo mislima i rečima su toliko jake da možemo da izmenimo strukturu vode pa i hrane. U nastavku ću se potruditi da Vam što bolje objasnim koliko je bitna misao, reč i emocija, da ćete se sigurno zapitati koliko sam ja u stvari u životu puta pojeo zdravu namirnicu ili popio zdravu čašu vode?

Da bi naučili kako zdravo da živimo, prvo moramo da naučimo kako zdravo da razmišljamo, osećamo i mislimo. Prvo bi misao,... Misli o zdravlju, ljubavi, sreći, priča o lepim stvarima, mora da nam bude osnova kao preduslov za zdrav život. Svaka negativna misao, reč, delo prema sebi ili nekome, se loše odražava na kompletno stanje našeg organizma.

Šta je suština? Voda je izvor života,...

Japanski naučnik, Masaru Emoto, nedavno je sproveo opsežno istraživanje na temu kako se voda ponaša kad se izloži različitim spoljnijim uticajima, kao npr. rečima, muzici, mislima, pa i molitvi.

Masaru Emoto je uzeo nekoliko hiljada uzoraka vode iz izvora, reka i jezera, zatim ih zamrzavao i posmatrao ledene kristale pod mikroskopom. Primetio je da potpuno čista, prirodna voda koja potiče iz planinskih potoka ili izvora, formira perfektne heksagonalne kristalne oblike neobične lepote, dok su kristali koji potiču iz zagađenih ili stajaćih voda - nepravilni i deformisani.

U delu istraživanja čaši sa destilovanom, netretiranom vodom puštao je različitu muziku po nekoliko sati. Nakon zamrzavanja molekula, sa svojim timom je uradio fotografije i primetio neverovatne promene. Molekuli vode koji su bili pod "tretmanom" klasične muzike, promenili su svoj oblik i transformisali se u kristale savršenog oblika sa prelepim baroknim ukrasima, savršenih proporcija, dok je uticaj heavy metal muzike od molekula stvorio formu bez proporcija, gotovo neprijatnu za gledanje. Išao je dalje u istraživanju sa željom da ispita uticaj reči i misli na vodu. Reč hvala, ljubav, volim te su na kraju pokazivale prelepe kristale poput najlepše pahuljice, dok su reči mrzim te, ubiću te, smrt pokazale tamne mrlje poput nafte sa nepravim oblicima. Sada se vraćamo na pitanje sa početka: koliko ste zaista puta u životu pojeli hranu ili popili čašu vode koja je **zaista** zdrava?

Masaru Emoto, kao i ostali naučnici koji su doneli fizičke dokaze da voda pamti, zaključuju da „Život kakvim živite i svet u kojem živite zavise samo od vas! Ako mislite i izgovarate reči ljubavi i zahvalnosti, takve će vas i situacije snalaziti. Ako širite pesimizam, strah, nezadovoljstvo ili tugu, takvo će vam biti i okruženje.“

Rezultati do kojih je došao mogu iznenaditi samo one koji nisu imali priliku da dođu u kontakt sa radovima Viktora Šaubergera, čuvenog austrijskog naučnika, koji je još 20-tih godina prošloga veka tvrdio da se voda ponaša kao živo biće tj. da ima svoj život i smrt, i da ako sa njom nepravilno postupamo, ona može da se "razboli," i prenese svoje "bolesno" stanje na sve druge organizme, biljke, životinje i ljude.

Voda je akumulator i transformator svih energija koje potiču na zemlji i u svemiru, i baza života na našoj planeti. Kada padne na zemlju u obliku kiše, ponaša se kao dete koje je upravo došlo na svet. Potpuno je čista i ne sadrži nikakve strane minerale i elemente.

Na svom putu kroz zemlju ona absorbuje sve na što naiđe, i na se kraju pojavi kao "zrela osoba" na nekom svom vrelu, i onda nastavi svoj životni tok u obliku potoka, reka i jezera, ulazeći usput u interakciju sa svim životnim procesima na zemlji.

Kao mlada, tek došla na svijet, ona je nepogodna za piće, jer i na svom putu kroz probavni trakt čoveka ona skuplja minerale iz njegovog organizma koji su joj potrebni za "rast" tako da npr. destilovana voda, nakon duže upotrebe, može da prouzrokuje ozbiljne probavne smetnje.

*(Prema nalazima Keneta S. Dejvisa i Džona A. Deja, prirodna izvorska voda se sastoji od 18 različitih molekularnih jedinjenja i 15 raznovrsnih jona, što ukupno čini 33 komponente. Destilovana voda i "kišnica", za razliku od izvorske vode, ne sadrže te elemente. To bi značilo da je prirodna voda nešto mnogo više nego "H<sub>2</sub>O" - tj. jedinjenje 2 atoma vodonika sa jednim atomom kiseonika.)*

### **Memorija vode**

**Recite vodi da ste zdravi i bićete zdravi, recite joj da ste glupi i bićete glupi. Šta god da joj kažete, voda će zapamtiti i tako će i biti.**

Uzmimo u obzir činjenicu da smo sazdani od vode, da smo jedan veliki sunđer natopljen vodom, shvatićemo koliko je važna neverovatna sposobnost njenih molekula da PAMTE. I, u zavisnosti od kvaliteta vode koju imate u sebi i kojom ste okruženi, zavisiće i kvalitet vašeg života. Ovo su relativno nova saznanja za savremenu nauku. Tek pojavom mikroskopa i fotoaparata došlo se do dokaza o "veličini" vode i njenoj moći. Još dvadesetih godina prošlog veka grupa naučnika je tvrdila da je voda 'živa', da ima svoj život i smrt i da, ako se sa njom nepravilno postupa, ona može i da se razboli i svoje bolesno stanje prenese na sva živa bića.

Danas svako može svojim očima da se uveri kakvu transformaciju doživljavaju molekuli vode ukoliko "slušaju" Mocarta ili heavy metal, ukoliko neko vreme "provedu" pored novorođene bebe ili teškog bolesnika. A, kakvu tek promenu dožive ukoliko joj kažete "hvala" ili "ubiću te"!

Vreme je da promenite svoj odnos prema svim živim bićima u svom okruženju, a naročito prema vodi, da prihvate činjenicu da kvalitet vašeg života zavisi od vašeg pristupa vodi, vaših reči, emocija i misli. Ispostavlja se, da velika otkrića možemo naći bilo gde. Voda, tako obična, izgleda, nije samo tečnost koja opslužuje sve na planeti Zemlji. Njena svrha ili, bolje, uloga je daleko složenija. Osnovna ideja novih saznanja o vodi je vrlo jednostavna. Ova tečnost je sposobna da ima skoro bezbrojna stanja koja su posledica njene interakcije sa okolinom. Ovde se ne priča samo o parametrima kao što je temperatura, pritisak, prostor, prisustvo drugih jedinjenja. Gledajući u vodu imamo ispred sebe jedinstvenu materiju koja apsolutno prožima i spaja sve što nas okružuje. Voda je u stanju da pokupi emocije ljudi koji su prošli pored reke, u stanju je da reaguje na te iste emocije, menjajući svoj kvalitet.

Da li, zaista, voda može da izleči i da bude lekovita ako prolazi kroz planinski vazduh i preko nezagađenog kamena? Da li ona zaista ima ulogu informatičkog medijuma ili ne? Krenimo od nas samih. Voda je sastavni deo svakog od nas i njen ideo je velik. Već tu možemo da ukažemo na veliku povezanost nas, „vodenih bića“, i vode. Da li je taj procenat 65, 70 ili čak 80%, mala je razlika, jer voda u nama je dominantna. Spiritualnost koja nas povezuje u nekim trenucima je možda čista posledica veze koju imamo kroz tu vodu koja nas prožima. Tvrdi se da osveštana voda od strane sveštenika može imati povoljnja uticaj na čoveka. Objasnenje religije je vrlo jednostavno: Bog je kroz sveštenika posvetio vodu, tačnije podario joj je malo svoje božanske prirode. Ono što predstavlja tajnu vode, jeste činjenica da je ona uspešno sačuvala

određenu energiju koju joj je predao čovek (sveštenik) i kao takva je u stanju da je prosledi dalje. Zaključak: ako sveštenik ne radi svoj posao iskreno, ta voda neće služiti ničemu. Sve je tu, nema spoljne ili više sile koja meša svoje prste u procesu. Samo ljudi i priroda (voda) oko nas.

Potencijal tretiranja vode kao ravnopravnog entiteta nama, a ne kao sluge, može doneti dosta toga na nivou svesti i na nivou opipljivog, materijalnog. Povezanost sa elementom vode može nas odvesti u pradavna vremena gde je čovek živeo sa prirodom, od prirode i u prirodi. Cela ova priča oko „tajne“ vode, može, sa neke treće ili četvrte strane da se protumači kao otkrivanje davno zaboravljenog znanja.

## ZANIMLJIVE ČINJENICE

- \* Gotovo svaka ćelija zahteva vodu za pravilan rad organizma i ne postoji metabolički proces koji se može odvijati bez nje. Voda poboljšava mentalne funkcije, pomaže pri gubitku kilograma, ona je gorivo za rad mozga i zaštitnik od raznih bolesti
- \* Ljudi mogu živeti ceo mesec bez hrane, ali bez vode samo nedelju dana
- \* Voda sprečava karijes, jer proizvodi nekoliko važnih telesnih tečnosti, uključujući i pljuvačku, a prosečna osoba potroši od tri do četiri čaše vode dnevno samo na disanje i znojenje
- \* Gotovo 95% vode na Zemlji je slano, neprimereno za piće. Manje od 1% slatke vode je pogodno za piće, a najveći deo nalazi se u polarnom snegu i ledu.
- \* Prema izveštaju Ujedinjenih nacija o ljudskom razvoju gotovo trećina ljudi na planeti nema pristup čistoj vodi, a više od polovine svetskih reka ozbiljno je zagađeno
- \* U poslednjih 50 godina zbog vode je bilo čak 37 ratnih sukoba
- \* Litar vode težak je 1,01 kilogram
- \* Led je 9% lakši od vode, a osobina vode da se prilikom zaleđivanja širi samo je jedna od četrdesetak anomalija kojima je “obdarena” ova tečnost
- \* Tokom života popijemo oko 75.000 litara vode

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## **SECRET OF WATER**

Branislav Bogojević promoter ishrane budućnosti, Novi Sad, Republika Srbija, Udruženje Harmoni- udruženje za zaštitu životne sredine, životinja i unapređenje zdrave ishrane

Summary:

**Aim:** The main aim is to explain to as many people so that with the help of positive thoughts and good things and emotions change the structure of water, which will make you stay mentally and physically healthy and stable or cure their ailments , the most natural way.

**Methods:** The methodology followed draws from the study of professional literature competent people and personal test their assertions and conclusions , in order to show people the natural ways of treatment and prevention.

**Results:** The research results prove that healthy thoughts, words and emotions toward the water , we can change the structure of water. The subtlest form of energy is thought, the whole universe is a projection of our thoughts . Knowing is already half way to a healthy life. By changing the structure of water , we bring ourselves into positive energy and protect our health, our frequency at which the body works is at the right level and the body one operates flawlessly , which is indicated by numerous studies .

**Conclusion:** Healthy and positive thoughts true harmony in the body and preserve mental health and keep us from a variety of disorders . The human body consists of 70 percent water , so adequate intake of fluids than needed for its normal functioning . About 80 percent of the brain is water. She participates in the transmission of nerve impulses, and thus very important for the normal functioning of the brain. Without food a person can survive for several weeks , but without water only a few days .

**Key words:** healthy thoughts , positive energy , safe water , positive vibrations , prevention

Work:

'' Health enters the mouth . '' -all We heard this phrase , which most literally realized. If translated literally , it means that if you eat healthy foods , fruits , vegetables , grains , we will be healthy. It just is not so . I 'm sure you've heard of that '' while his wife cooks should not be upset . '' You can not eat the healthiest food I think she still does not have this quality. What really works? Vibrations that transmit thoughts and words are so strong that we can not alter their structure. Below I will try to make you a better sense of just how important thought, word and emotion , you'll be sure to ask how I am in fact in the life of times ate healthy food and drink a healthy glass of water.

To learn how to live healthy , we must first learn how healthy we think , feel and talk. First she thought ... Think about health, love, happiness , the story of the beautiful things must be our base as a prerequisite for a healthy life . Every negative thought, word , work on yourself or someone else, reflects poorly on the overall situation of our body .

What is the essence ? Water is the source of life ...

Japanese scientist Masaru Emoto , has recently conducted extensive research on how the water behaves when exposed to various external influences, such as words, music, thoughts , and even prayer.

Masaru Emoto took several thousand water samples from springs, rivers and lakes, then froze and watched ice crystals under the microscope. He noticed that a completely pure, natural water that comes from mountain streams or springs, formed perfect hexagonal crystalline form of unusual beauty , while the crystals originating from polluted or stagnant water - irregular and deformed.

In the research work the glass with distilled , untreated water to different music is played for several hours. After freezing molecule with his team did a picture and noticed incredible changes . Water molecules that were under " treatment " of classical music , they changed their shape and transformed into a perfect crystal shape with a beautiful Baroque decorations , perfect proportions , while the influence of heavy metal music of the molecules created form without proportion, almost uncomfortable to watch . He went on to examine in order to study the influence of words and thoughts on water. Word of thanks, love, love you in the end showed beautiful crystals beautiful as flakes, as they say I hate you , I'll kill you , death showed dark stains like oil with a bogus forms. We now return to the question at the beginning : how much you are really times in my life ate food or drank a glass of water that is actually healthy ?

Masaru Emoto , as well as other scientists who brought the physical evidence that water remembers , conclude that " Life as you live and the world in which you live depends only on you ! If you think and say the words of love and gratitude , such situations will cope . If you expand the pessimism, fear, sadness or discontent , this will be the environment. "

The results that came just may surprise those who have not had the opportunity to come into contact with the works of Victor Šaubergera , the famous Austrian scientists, who have 20 - years of last century, claimed that water behaves like a living being that is . It has its own life and death, and that if we proceed with it incorrectly , it can be " sick , " and transfer its "sick " state to all other organisms , plants, animals and humans.

Water is an accumulator and transformer of energy originating on earth and in space , and the basis of life on our planet. When it falls to the earth as rain, behaves like a child who has just come into the world. It is completely clear and does not contain any foreign minerals and elements.

On its way through the ground, it absorbs whatever comes along , and at the end appears as " mature person " on one of their hot , and then continue on its course of life in the form of streams, rivers and lakes , entering the way to interact with all life processes on country.

As a young , first came into the world , it is unsuitable for drinking, because on its way through the digestive tract of man she collects minerals out of his system that it needs to " grow " so that, for example . distilled water, after prolonged use can cause serious digestive disorders .

( According to the Kenneth S. Davis and John A. Deja , natural spring water is composed of 18 different molecular compounds and 15 of various ions , making a total of 33 components. Distilled water and " rain " , as opposed to the spring water does not contain this elements. This would mean that the natural water much more than " H<sub>2</sub>O " - ie . a compound of 2 atoms of hydrogen with one atom of oxygen. )

#### memory of water

Tell lead you healthy and you will be healthy , tell her that you are stupid and you will be dumb . Whatever you tell her , the water will remember and it will be so .

Consider the fact that we are made of water to a large sponge soaked with water, we will realize how important the incredible ability of its molecules to REMEMBERED. And, depending on the quality of the water that you have in yourself and that you are surrounded, will depend on the quality of your life. These are relatively new discoveries of modern science. It was not until the advent of the microscope and the camera, there is evidence of 'greatness' of water and its power. More twenties of the last century, a group of scientists argued that water is a 'living' 'that his life and death and that, if treated improperly handled, it may be ill and his disease condition is transferred to all living beings.

Today anyone can own eyes to make sure what kind of transformation experienced by water molecules if "listening" Mozart or heavy metal, if some time "carry" near the newborn baby or seriously ill. And, what if the only change to experience her say 'thank you' or 'I'll kill you!''

It is time to change their attitude towards all living beings in their environment, especially the water to accept the fact that the quality of your life depends on your approach to the water, your words, emotions and thoughts. It turns out that the great discoveries can be found anywhere. Water so simple, it seems, is not just a liquid that serves everything on planet Earth. Its purpose, or rather, the role is far more complex. The basic idea of the new knowledge about water is very simple. The fluid is able to have the almost innumerable conditions which are the result of its interaction with the environment. This is not just a story about parameters such as temperature, pressure, space, presence of other compounds. Looking into the water we have in front of you a unique material that absolutely permeates and connects everything that surrounds us. Water is able to pick up the emotions of the people who passed by the river, it is able to react to these same emotions, changing its quality.

Whether, indeed, the water can heal and be healing if passing through the mountain air and unpolluted through the stone? Did she really has a role of information media or not? Let's start with ourselves. Water is an integral part of each of us, and its share is considerable. Already here we can point out the great connectivity us, "water beings", and water. Are you the percentage of 65, 70 or even 80%, there is little difference, because the water in us is dominant. Spirituality that connects us in some moments may clear the result of the connection that we have through the water that permeates us. It is claimed that a dedicated line by a priest can have a favorable impact on man.. Explanation religion is very simple: God through the priest consecrated water, specifically gave her a bit of his divine nature. What is the secret of water, is the fact that it successfully preserved certain energy that handed the man (a priest) and as such is able to be forwarded on. Conclusion: if the preacher does not do its job honestly, this water will not serve anything. Everything is there, there is no external or force majeure that mixes his fingers in the process. Only people and nature (water) around us.

The potential of treating water as an equal entity to us, not as servants, can bring a lot on the level of awareness and the level of tangible, material. The connection with the element of water can lead us to ancient times where the man lived with nature, of nature and of nature. This whole story about the "secrets" of water may, with a third or fourth party to be interpreted as revealing long-forgotten knowledge.

## INTERESTING FACTS

\* Almost every cell requires water for proper functioning of the body and there is a metabolic process that can take place without it. Water improves mental functions, helps in weight loss, it is the fuel for the brain and a protector against various diseases

- \* People can live for a month without food, but without water only a week
- \* Water prevents tooth decay, because it produces several important bodily fluids, including saliva, and the average person spends three to four glasses of water a day just breathing and sweating
- \* Nearly 95% of the water on Earth is salty, inappropriate drinking. Less than 1% of fresh water is suitable for drinking, and the largest part is located in polar snow and ice.
- \* According to the UN report on human development almost a third of people on the planet do not have access to clean water, and more than half of the world's river has been seriously polluted
- \* In the last 50 years because the water was up to 37 armed conflicts
- \* A liter of water weighs 1.01 kilogram
- \* Ice by 9% lighter than water, and water properties that expands when freezing is only one of some forty anomaly which is "endowed with" this liquid
- \* During his lifetime, drink about 75,000 liters of water

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